

# UMAMI SUSHI



**416-782-3375**

3459 BATHURST STREET | [UMAMISUSHI.CA](http://UMAMISUSHI.CA)



YOU'LL LOVE OUR NEW  
*Poke Bowls*

# BUILD YOUR OWN POKE BOWL



## STEP 1 CHOOSE A BASE (CHOOSE ONE)

<b>White Rice</b>	<b>\$8.95</b>
<b>Brown Rice</b>	<b>\$9.95</b>

## STEP 2 CHOOSE A PROTEIN (CHOOSE ONE)

*(All fish are mixed with Ponzu, sesame oil,  
green onions, sesame seeds and salt & pepper)*

<b>Salmon</b>	<b>\$6.00</b>
<b>Hamachi</b>	<b>\$7.50</b>
<b>Tuna</b>	<b>\$7.00</b>
<b>Crab</b>	<b>\$5.75</b>
<b>Seasoned Tofu</b>	<b>\$4.75</b>

## STEP 3 CHOOSE BASIC TOPPINGS

<b>Cucumber, Pineapple, Carrot, Avocado, Red Pepper, Mango</b>	<b>FREE</b>
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## STEP 4 CHOOSE PREMIUM TOPPINGS

<b>Ikura (Salmon Caviar)</b>	<b>\$2.50</b>
<b>Arame Seaweed</b>	<b>\$2.00</b>
<b>Shiitake Mushrooms</b>	<b>\$1.00</b>
<b>Butternut Squash</b>	<b>\$1.00</b>
<b>Tempura Bits</b>	<b>\$1.00</b>
<b>Crispy Onions</b>	<b>\$1.00</b>

## STEP 5 CHOOSE YOUR SAUCES

**Spicy Sauce, Teriyaki Sauce,  
Kaisen Sauce, Wasabi Mayo**

## VEGETARIAN MAKI [6 PIECES PER ORDER]

<b>Asparagus</b> - White Asparagus, Avocado and Cucumber	<b>6.49</b>
<b>Avocado</b> [NORI OUTSIDE]	<b>4.99</b>
<b>Avocado and Shiitake Mushroom</b>	<b>5.99</b>
<b>Butternut Squash Crunch</b>	<b>5.99</b>
<b>Daikon</b> - Pickled Radish [NORI OUTSIDE]	<b>4.99</b>
<b>Kappa</b> - Cucumber [NORI OUTSIDE]	<b>4.49</b>
<b>Mango</b> [NORI OUTSIDE]	<b>4.99</b>
<b>Red Pepper</b> [NORI OUTSIDE]	<b>4.49</b>
<b>Shiitake Mushroom</b> [NORI OUTSIDE]	<b>4.99</b>
<b>Spicy Avocado</b>	<b>5.99</b>
<b>Spicy Shiitake Mushroom</b>	<b>5.99</b>
<b>Spicy Vegetarian</b>	<b>5.99</b>
<b>Tenkei</b> - Cucumber, Asian Pear, Mango and Tempura Bits	<b>5.99</b>
<b>Vegetarian</b> - Avocado, Carrot and Cucumber	<b>4.99</b>
<b>Vegetarian II</b> - Avocado, Cucumber and Red Pepper	<b>4.99</b>
<b>Vegetarian III</b> - Carrot, Cucumber and Red Pepper	<b>4.99</b>
<b>Kids Maki</b> Includes Fortune Cookie	<b>2.95</b>

## UMAMI SUSHI MAKI [6 PIECES PER ORDER]

<b>Alaska</b> - Avocado, Cucumber and Salmon	<b>6.99</b>
<b>Albacore</b> - Grilled Albacore and White Asparagus	<b>6.99</b>
<b>California</b> - Avocado, Cucumber and Pollock	<b>6.49</b>
<b>Futo</b> - Carrot, Cucumber, Red Peppers, Pollock, Tomago and Tempura Bits (4 pieces)	<b>5.99</b>
<b>Kyoto</b> - Smoked Salmon, Avocado, Cucumber Crispy Onions and Kaisen Sauce	<b>7.99</b>
<b>Negi Hamachi</b> [NORI OUTSIDE]	<b>7.99</b>
<b>Sake</b> - Salmon [NORI OUTSIDE]	<b>6.29</b>
<b>Salmon and Avocado</b>	<b>6.79</b>
<b>Salmon Skin</b>	<b>7.49</b>
<b>Smoked Salmon</b> [NORI OUTSIDE]	<b>6.99</b>
<b>Some Like it Hot</b> - Salmon, Cucumber, Tempura Bits and Jalepeno Pepper	<b>7.49</b>
<b>Spicy Crab</b>	<b>5.99</b>
<b>Spicy Hamachi</b>	<b>7.99</b>
<b>Spicy Salmon</b>	<b>6.49</b>
<b>Spicy Tuna</b>	<b>6.99</b>
<b>Tekka</b> - Tuna [NORI OUTSIDE]	<b>6.49</b>
<b>Tekka and Avocado</b>	<b>6.99</b>
<b>Twin</b> - Salmon, Tuna and Shiitake Mushroom	<b>7.99</b>

## UPGRADE TO A BENTO BOX

Your Choice of a Basic Maki Roll, Arugala and Seaweed Salad, Two Fortune Cookies

**12.49**



## SPECIALTIES [8 PIECES PER ORDER]

- |   |              |
|---|--------------|
| <b>Bathurst</b>   | <b>11.99</b> |
| Tuna, Mango, Shiitake Mushroom, Avocado, Cucumber, Red Pepper and Spicy Sauce                                 |              |
| <b>Chef's Special</b>   | <b>14.99</b> |
| Hamachi, Green Onion, Avocado and Cucumber inside, Seared Tuna outside and an Umami dipping sauce on the side |              |
| <b>Dragon</b>   | <b>11.99</b> |
| Salmon, Pollock, Red Pepper and Spicy sauce   |              |
| <b>Dynamite</b>   | <b>11.99</b> |
| Salmon, Smoked Salmon, Tempura Bits and Spicy Sauce   |              |
| <b>Exotic</b>   | <b>12.99</b> |
| Salmon, Cucumber, Mango, Pear and Tempura Bits inside. Hamachi, Avocado and Lemon outside                     |              |
| <b>Golden</b>   | <b>11.99</b> |
| Cucumber, Grilled Tuna, Spicy Sauce, Red Pepper and Tomago inside, Tempura Bits outside                       |              |
| <b>Maple</b>  | <b>12.99</b> |
| Carrots, Shiitake Mushrooms and Grilled Salmon inside Smoked Salmon and Maple Syrup outside                   |              |
| <b>New Rainbow</b>  | <b>12.99</b> |
| Salmon, Cucumber, and Mango inside Tuna, Salmon and Avocado outside   |              |
| <b>Paradise</b>   | <b>13.99</b> |
| Seared Tuna. Avocado. Cucumber and Seared Pineapple inside, Seared Tuna and Avocado outside                   |              |
| <b>T.O (Toronto)</b>  | <b>11.99</b> |
| Grilled Salmon, Lettuce, Shiitake Mushrooms and Tempura Bits inside, Avocado outside                          |              |
| <b>Tropical</b>   | <b>9.99</b>  |
| Cucumber, Avocado, Shiitake Mushroom, Red Pepper, Mango and Lettuce inside. Tempura Bits outside              |              |
| <b>Veggie Futo</b>  | <b>9.99</b>  |
| Avocado, Cucumber, Daikon and Shiitake Mushroom   |              |



**TRY ANY OF OUR SPECIALTY ROLLS AS A BURRITO! 19.00**

LET US KNOW IF YOU'D LIKE...

**YOUR MAKI...**  
CUT IN SMALLER PIECES



**YOUR FISH...**  
TO BE RAW OR GRILLED



## SUSHI PIZZA

<b>Vegetarian</b>	<b>7.99</b>
<b>Salmon</b>	<b>8.99</b>
<b>Tuna</b>	<b>9.99</b>

## NIGIRI [PRICE PER PIECE]

<b>Avocado</b>	<b>1.99</b>
<b>Hamachi - Yellow Tail</b>	<b>2.99</b>
<b>Maguro - Tuna</b>	<b>2.99</b>
<b>Red Pepper</b>	<b>1.99</b>
<b>Sake - Salmon</b>	<b>2.75</b>
<b>Smoked Salmon</b>	<b>2.99</b>
<b>Tai - White Fish</b>	<b>2.25</b>
<b>Tomago - Egg</b>	<b>1.99</b>
<b>Ikura - Seared assorted Nigiri with Ikura (caviar) 3 Pieces</b>	<b>12.00</b>

## SASHIMI [SLICED FRESH FISH, 4 PIECES PER ORDER]

<b>Albacore - Seared Tuna</b>	<b>9.99</b>
<b>Hamachi - Yellow Tail</b>	<b>11.99</b>
<b>Maguro - Tuna</b>	<b>10.99</b>
<b>Sake - Salmon</b>	<b>9.99</b>
<b>Seared Tuna</b>	<b>10.99</b>
<b>Tai - White Fish</b>	<b>9.99</b>

## HANDROLLS [CONE SHAPED, PRICE PER PIECE]

<b>Alaska - Avocado, Cucumber and Salmon</b>	<b>4.75</b>
<b>California - Avocado, Cucumber and Pollock</b>	<b>4.50</b>
<b>Salmon</b>	<b>4.75</b>
<b>Tuna</b>	<b>5.00</b>
<b>Spicy Hamachi</b>	<b>5.50</b>
<b>Spicy Salmon</b>	<b>5.25</b>
<b>Spicy Tuna</b>	<b>5.50</b>
<b>Spicy Vegetarian</b>	<b>4.25</b>
<b>Vegetarian</b>	<b>3.75</b>

**YOUR RICE...**  
TO BE WHITE OR BROWN



... TO MAKE YOUR  
ROLL SPICY  
**1.00 PER MAKI**



...TO ADD AN  
EXTRA ITEM  
**0.75 PER MAKI**

## SIDE ORDERS

<b>Asian Nappa Salad</b>	7.99
<b>Asian Nappa Salad with Crab</b>	8.99
<b>Sashimi Salad</b>	16.99
<b>Seaweed Salad</b>	7.99
<b>Edamame</b>	4.99
<b>Gyoza - Vegetarian (4 pieces)</b>	4.99
<b>Gyoza - Salmon (4 pieces)</b>	4.99
<b>Miso Soup</b>	3.25

## NOODLES

### **Udon Noodles** YAKISOBA

Udon noodles with stir fried vegetables served with an Umami Sushi Sauce

CHOICE OF:

Plain	8.99
Seasoned Tofu	10.99
Salmon	12.99
Tuna	13.99

### **Soba Noodles**

*Soba Noodles (with buckwheat) in an Asian "Peanut\*" Sauce, served with Salmon, Pollock and Assorted Vegetables Topped with Green Onions and Sesame Seeds* \*100% PEANUT FREE

12.99



## SENKAN CUPS

<b>Fish (6 pieces)</b>	12.99
A Rice-less Cucumber Cup filled with Salmon, Tuna, Avocado, and a touch of Our Famous Spicy Sauce	
<b>Vegetarian (6 pieces)</b>	9.99
A Rice-less Cucumber Cup filled with assorted vegetables Served with a Classic Miso Vinaigrette	
<b>Ikura (3 pieces)</b>	9.99
Cucumber Cup with Rice and Ikura (Caviar)	

## SANDWICHES

**Sushi Sandwich** - Salmon, Tuna, Avocado between Rice and Nori

<b>Full Portion (10 pieces)</b>	14.00
<b>Half Portion (5 pieces)</b>	8.50

## UMAMI SUSHI COMBOS

### **Umami Sushi Fresh Combo / 28 PIECES** **42.95**

- |                         |                     |
|-------------------------|---------------------|
| 2 Alaska Hand Rolls     | 1 Negi Hamachi Maki |
| 2 Spicy Tuna Hand Rolls | 1 Sake Maki         |
| 1 Spicy Tuna Maki       | 1 Spicy Salmon Maki |

### **Umami Sushi Maki Combo / 36 PIECES** **31.99**

- |                           |                     |
|---------------------------|---------------------|
| 1 Kappa Maki              | 1 Spicy Salmon Maki |
| 1 Shiitake Mushroom Maki  | 1 Vegetarian Maki   |
| 1 Spicy Grilled Tuna Maki | 1 California Maki   |

### **Umami Sushi Vegetarian Combo / 36 PIECES** **28.99**

- |                          |                         |
|--------------------------|-------------------------|
| 1 Avocado Maki           | 2 Vegetarian Maki       |
| 1 Kappa Maki             | 1 Spicy Vegetarian Maki |
| 1 Shiitake Mushroom Maki |                         |

### **Nigiri Combo / 14 PIECES** **29.99**

- |                 |                |
|-----------------|----------------|
| 2 Piece Tomago  | 4 Piece Tuna   |
| 4 Piece Hamachi | 4 Piece Salmon |

### **Umami Sushi Grilled Combo / 24 PIECES** **32.99**

- |                             |                                 |
|-----------------------------|---------------------------------|
| 1 Spicy Grilled Salmon Maki | 1 Spicy Grilled Salmon Handroll |
| 1 Spicy Grilled Tuna Maki   | 1 Spicy Grilled Tuna Handroll   |
| 1 California Maki           | 1 Futo Maki                     |

## CHEF'S SELECTION PLATTER

A CHEF'S SELECTION OF OUR  
FRESHEST SASHIMI, NIGIRI AND MAKI

**40 pieces** **80.00**

**80 pieces** **150.00**

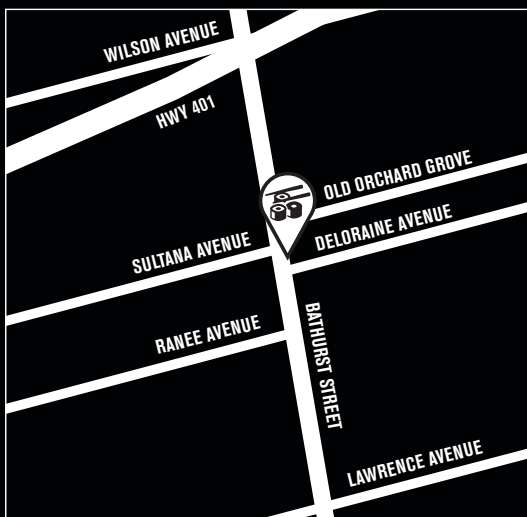
\*NO SUBSTITUTIONS ON ANY OF OUR PLATTERS



# UMAMI SUSHI

TAKE OUT  
EVENTS and PARTIES  
OFFICE CATERING  
SHIVA MEALS

**416-782-3375**  
UMAMISUSHI.CA



3459 BATHURST STREET, TORONTO, ON M6A 2C5  
(8 BLOCKS SOUTH OF THE 401)

**SUNDAY-THURSDAY 11:00 AM - 7:00 PM**  
**FRIDAY 9:00 AM - 2:30 PM**  
**SATURDAY CLOSED**



VISA



PARVE